

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Shikwambana  
Abeah Mvvyphy**

Has successfully participated & completed the

**21km SA Run 4 Cancer Ultra Marathon 2019**

held at Polokwane Rugby Fields.

**TIME 02:09:05**

**PACE 06:07/km**

**GENDER 175 of  
443**

**OVERALL 203 of 766**

**50+ 19 of 64**

26 October 2019, Sat

Date



*BoutTime*

Signature

